

Beavers Disability Awareness

Explain What A Disability Is. What Are The Different Types Of Disability?

What's It Like Activities & Snowball Fight®

By Samantha Eagle

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Beavers Disability Awareness Badge

Explain What A Disability Is. What Are The Different Types Of Disability

What's It Like Activities & Snowball Fight©

Overview

For this the children will carry out 6 fun activities which will give them a sense of what it's like to live with some disabilities. At the end they will play a fun 'Snowball Fight' game.

Materials Needed Across All Activities

1. A4 sheet of paper each
2. Neckerchief for a blindfold game
3. Paper balls for the Snowman game (or if you have sponge balls then great)

Preparation Before The Meeting

All handouts can be found in this document

1. Gather materials listed in the 'Material Needed' section
2. Print out the 'Autism handout and its Labels. You need one between two children sharing (the children can cut out the labels)
3. Print and cut out the 'Communication Disorders' handout you just need one copy
4. Print and cut out the 'Hearing Impairments' handout you just need one copy unless you have more than 24 children
5. Print and cut out the 'Learning Disabilities' handout – there are three on the page you need one between two children
6. Print and cut out the 'Physical Disabilities' handout – there are four on the page you need one each

Types of Disabilities Activities

Directions/Leader Speak

1. **Speak** - Tonight we are going to start working on the 'Disability Awareness Badge'. The first task we need to complete is to know about what a disability is and the different types that people may have. We are going to do some little activities for some of the common disabilities to understand what it may be like to have them.

Autism - Directions/Leader Speak

1. **Speak** – The first disability is Autism. Has anyone heard of this before?
2. **Speak** – Autism affects how a person communicates and relates to other people. It also affects how they make sense of the world around them. Not all people are affected in the same way
3. **Speak** – Some people with autism have a fascination with order and sequences and would find it enjoyable to play games with this theme in it. Many people with autism are often extra sensitive to noise, movement and even things like background noises that most of us don't notice. So it's important that when you play a game, the surroundings are calm
4. **Speak** – I am going to give you some pictures so that you can see what other things might affect a child with autism. I want you in pairs to cut out and attach the labels to the correct picture

5. **Direction** – Handout the Autism handout and a set of labels. Give them 5 minutes to attach the labels
6. **Direction** – Now move onto the next disability 'Communication disorders'

Communication Disorders - Directions/Leader Speak

1. **Speak** – Let's look at what it's like to have Communication Disorders. People that have this usually find it hard to communicate and be understood
2. **Speak** – I want you to get into teams of **four**. I am going to give each **pair** of children a short phrase that you have to try to communicate to the other pair on your team without Speaking or Writing
3. **Speak** – It can't be just a 'Word' it has to be a phrase. Once you have done that swap over and the other **pair** communicate their phrase
4. **Direction** – Once they have finished ask the children if they found it difficult to understand what the other children in their team was trying say. And do they think they would be patient if they come across this situation in real life

Hearing Impairments - Directions/Leader Speak

1. **Speak** – Let's look at what it's like to have Hearing Difficulties. This includes everything from not being able to hear certain sounds to being totally deaf. In most cases, hearing loss doesn't mean that sounds are not loud enough. It usually means that sounds are garbled or unclear
2. **Speak** – I want you to get into teams of two. I am going to give everyone some words which I want you to say to your partner without making a sound so just using your lips
3. **Speak** – The other partner has to try to lipread what you're saying. Say each word slowly so that your partner can write them down. Don't say the answer out loud only write it down and after show it to your partner to see if you were correct. When you have finished swap over roles and repeat again using the other words
4. **Direction** – Once they have finished ask the children if they found it difficult to lip read what their partner was trying say. And how they think they would feel if they came across this in a real life situation

Learning Disabilities, Dyslexia - Directions/Leader Speak

1. **Speak** – Some people have learning disabilities, this doesn't mean they are less clever than us it just means they learn in a different way. There are many types, a common one is 'Dyslexia'. If you have this you might have trouble reading even simple words you've seen many times before. You probably will read slowly and feel that you have to work extra hard when reading. You may also mix up the letters in a word
2. **Speak** – Stay in your teams of two. I am going to give each team some sentences that I want you to decipher. This is how some people with dyslexia may see these words
3. **Direction** – Once they have finished ask the children if they found it difficult to decipher what the sentences were. And then ask them how difficult they think it would be if they were having to read something quick.

Physical Disabilities - Directions/Leader Speak

1. **Speak** – Let's look at what it's like to have a physical disability. There are many types that people have. For example, they may have one hand, one leg or one arm
2. **Speak** – I am going to give everyone some tasks to do. These need to be done using only one hand. Here's a sheet with the tasks on, when you finish each one tick the relevant box to the right of it
3. **Direction** – Once they have finished ask the children how difficult they found the tasks

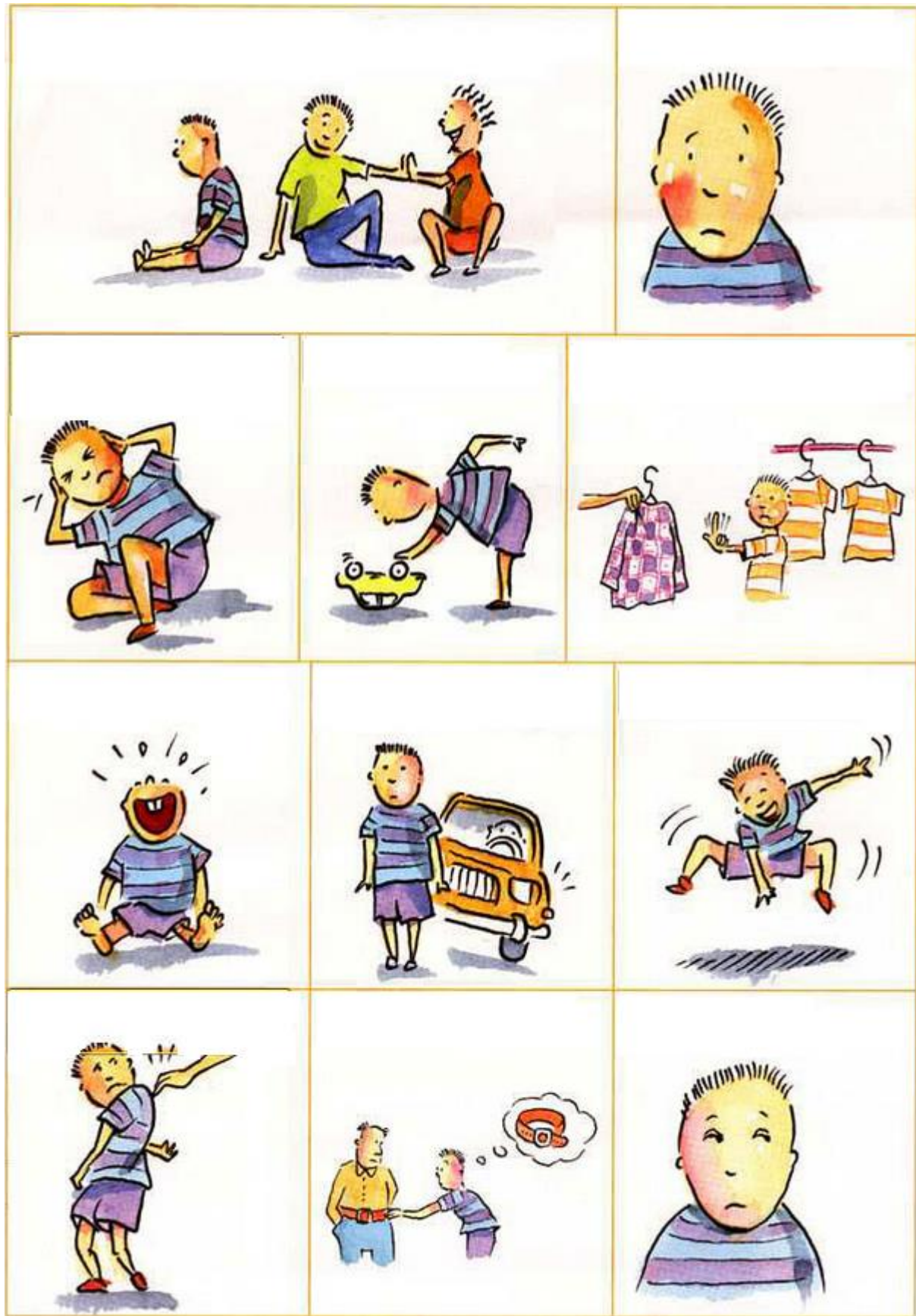
Vision Impairments - Directions/Leader Speak

1. **Speak** – The last disability we are going to look at is Vision. This includes being completely blind or problems that are only helped by wearing glasses
2. **Direction** – Scatter some tables and chairs around your room
3. **Speak** – Okay I want you to take a good look around the room and what you can see in your way if you were to walk from one side to the other blindfolded. Now blindfold yourself
4. **Speak** – All line up here and when I say go I want you to walk slowly to the other side of the room trying to stay in a straight line
5. **Direction** – All leaders should keep a close eye on the children in case they do bash into something. Also if the length of your room is quite long shorten it by putting a barrier in the middle.

Blindfolded Snowball Fight

1. **Speak** – Okay great hopefully by doing the activities we have just done you can understand what it's like for people with different disabilities
2. **Speak** – Now we are going to have a 'Snowball' fight. I want you to get into teams of two
3. **Speak** – One of you is going to be the 'Controller' who is sighted and the other one is a 'Snowman' who is blindfolded
4. **Speak** – The Snowman is in the marked zone and scores points by picking up paper snowballs and then throwing them at the other snowmen in the zone. Only six snowmen will enter the zone at any one time
5. **Direction** – The leaders will keep a record of points for each snowman
6. **Speak** – The controllers are outside the zone and directing their snowmen verbally as to where to find the paper balls and then which direction to throw them in
7. **Direction** – Let the game run for about 3 minutes then swap the Snowmen and Controllers. Then if you more than 12 children run the next group of children
8. **Direction** – You can have more than 6 Snowmen if you wish but it will make it more difficult to keep points unless you have many leaders and also you will need to make sure that the kids are not bumping heads

How A Child With Autism May React To Situations



Autism Picture Labels

Lack of Awareness To Danger	Hyperactivity	Oversensitivity or Undersensitivity To Touch
Finds It Difficult To Relate To Other Children Or Adults	Difficulty With Clear Speech	Oversensitivity or Undersensitivity To Noise
Unexplained Attachment To Objects	Lack of Eye Contact	
Toy Play May Seem Inappropriate	Difficulty With Changes In Routine	Unexplained Laughter or Crying



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Communication Disorders Handout...

Here are the phrases to give to the children... Just print and cut them out.

Our knee hurts	We play football
We are hungry	It is my birthday
We are tired	We wear glasses
We have a dog	We are going to the supermarket
We ride our bikes	We are at the cinema
It's raining	We like fishing
We are 8 years old	We are playing on our Xbox
We like swimming	I am at the hairdressers
We are sad	I am at the doctors
We want to go to the toilet	We are at school
We are having a snowball fight	The time is 10 o'clock

Hearing Impairments Handout...

Here are the words to give to the children... Just print and cut them out.

Child 1	Child 2
Words	Words
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain
Bat, Flat, Cup, Sunny	Hat, Apple, Puppy, Ball, Rain

Learning Disabilities Handout...

Here are the sentences to give to the children... Just print and separate them.

Write what you think it is saying here...

Sometimes words are condensed together...

Ilovetoplaywithmybigredtruck	
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Sometimes words are not spaced correctly...

Iam happywhen Iplaywith my friends	
------------------------------------	--

Sometimes words seem back to front...

hgual em sekam tac ym	
-----------------------	--



Write what you think it is saying here...

Sometimes words are condensed together...

Ilovetoplaywithmybigredtruck	
------------------------------	--

Sometimes words are not spaced correctly...

Iam happywhen Iplaywith my friends	
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Sometimes words are not spaced correctly...

Iam happywhen Iplaywith my friends	
------------------------------------	--

Sometimes words seem back to front...

hgual em sekam tac ym	
-----------------------	--

Physical Disabilities Handout...

Perform These Activities Using ONE Hand...	Did you find it...		
	Easy	Hard	Couldn't Do It
Write your name with the hand you don't usually write with			
Take off or put on your sweatshirt or coat			
Fold a piece of paper in half			
Take off a shoe and sock and put it back on			
Do a handstand			



Perform These Activities Using ONE Hand...	Did you find it...		
	Easy	Hard	Couldn't Do It
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Fold a piece of paper in half			
Take off a shoe and sock and put it back on			
Do a handstand			



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Do a handstand			

